

# Temescal News & Views

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**Temescal News & Views** is published bimonthly and distributed to **3,000 households, schools and businesses.**



## Our Mission

The mission of TNT is to enhance the quality of life in our diverse community through revitalization of our homes, businesses, schools and public services by providing an ongoing forum for community education, interaction and empowerment.



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## 1000 Friends Of Studio One Provides Input On Renovation

1000 Friends of Studio One ([www.friendsofstudioone.org](http://www.friendsofstudioone.org)) is a non-profit grassroots organization dedicated to honoring the historical past of Studio One and working to create a state-of-the-art facility and program where the public can study, create and share art. In November 2002, Oakland voters passed Measure DD by an astounding 82%, and \$10 million was allocated to redesigning and renovating the historical Studio One building.

The renovation will be administered by the City of Oakland Department of Public Works. An Advisory Committee consisting of the director of Studio One, Johnette Morton, community and 1000 Friends representatives Beth Maher, Karen Hester, Betsy Yost, Sharon McConnell, Patrick Daughton, Andrea Guskin and John Momper, and the Acting Director of Parks and Recreation, Jim Ryugo, was set up to steer the project.

Shah Kawasaki Architects were selected to design the project and the process is just getting underway in early 2004. The architects will start by meeting with Studio One staff and teachers and visiting other community art facilities in the Bay Area. Community input will be solicited during the design process, including incorporating ideas from the recent Student Survey (available online on our website). The renovation project will be completed in 2006.

Please let us know if you are interested in attending our next meeting or joining our committee. Contact Beth Maher at 420-5852 or [BethMaher@pacbell.net](mailto:BethMaher@pacbell.net).

— Karen Hester

## A Summer Treat for Kids at Park Day Summer Arts Camp

For the past fifteen years, Park Day Summer Arts Camp has been providing a wonderful arts-filled program for children in the heart of the Temescal community. Held on the campus of Park Day School, the camp offers a diverse visual and performing arts program for children ages six to thirteen as well as a Counselor in Training program for teens ages thirteen to sixteen.

Classes are taught by professional working artists from diverse backgrounds. Classes are offered on a weekly basis and may include Aztec dance, video poetry, circus arts, photography, cartooning, cooking and more. We would love to see families from the Temescal community participate in this program. Both full day and 3/4 day programs are available. Call 653-5718 to receive a brochure, or check out our web site at [ParkDaySummerArtsCamp.com](http://ParkDaySummerArtsCamp.com).

— Moses LaSabra, Camp Director

## In Remembrance

Jeannette Sherwin, longtime Temescal resident, died Sunday, January 18, 2004, of heart failure, just hours after posting her last story on [Oaklandnews.com](http://Oaklandnews.com), the Web site she published from her home. She had been recovering from surgery in December. She was 55.

Ms. Sherwin, the oldest of four children, was born and raised in Evanston, Illinois and attended high school at Box Hill School in England. Soon after her graduation from Clark University in Massachusetts, she moved to San Francisco in 1974 and began working as a fund-raiser for the Sierra Club. A year later, she bought her home in Oakland's Temescal district.

During her time with the Sierra Club, she became heavily involved in politics; first in environmental issues, then in Oakland politics. She became a contributor to several community newsletters, and was one of the founders of Temescal News and Views. She served on the Oakland Neighborhood Newsletter Taskforce, and also was a columnist for the *Montclarion* on local issues.

"Her devotion to helping Oakland can not be stated as less than amazing," Randy Reed was quoted as saying in the *SF Chronicle* obituary. "Over the last couple of decades, I can't remember a single major issue confronting Temescal, North Oakland or the city as a whole that she didn't weigh in on." The Oakland City Council adjourned in her honor on Tuesday, January 20.

— Cheryl Crane

## Temescal Library Offers Home Improvement Classes

As the weather warms up, we are planning springtime programs for those who are interested in home improvement and repair. On Saturday April 17<sup>th</sup>, Naomi Friedman will be here from 10 AM to 12 PM to do a workshop on basic plumbing. She will talk about the most common plumbing problems and will discuss how to use a variety of plumbing tools that are available for check-out from the Tool Lending Library. The following Saturday, April 24<sup>th</sup> from 10 AM to 12 PM, Gerald Rise will present a workshop on electricity in which he will cover the electrical circuit, appliance and lamp repairs, and simple low-cost tools for testing.

We are also pleased to announce that the American Red Cross Bay Area Chapter will be presenting free earthquake preparedness courses at Temescal Branch. During the two-hour *Earthquake Tips and Tools* course, participants will learn five action steps for disaster preparedness, including what to do before, during and after an earthquake. Workshop presenters will demonstrate how to install safety straps for water heaters and furniture, and latches for cabinet doors. Participants will receive a free starter kit of hazard reduction devices to help reduce potential earthquake damage at home. The Tool Lending Library will have appropriate tools available for check out. The dates are: Monday, March 8<sup>th</sup> and Monday, April 12<sup>th</sup> from 6 PM to 8 PM with an additional class on Saturday, May 8<sup>th</sup> from 12 PM to 3 PM. Light snacks will be served.

In celebration of National Library Week, a special program for children will take place on Tuesday, April 20<sup>th</sup> at 1 PM when storyteller Jenny Makofsky visits the library to tell stories. And do not forget that every Wednesday at 10:30 AM, our children's librarian presents a wonderful preschool story time for children ages three to five.

Please continue to make use of your public library by attending programs, and checking out books, CDs, magazines, and tools. Library hours are 12:30 - 8 PM on Mondays, 10 AM - 5:30 PM on Tuesdays, Wednesdays, and Thursdays, and 12 - 5:00 PM on Fridays. We hope to see you there!

— Sally Bean, Branch Manager



*A much-needed collaboration between PTSA and NCPC members as well as interested neighbors made the Oakland Technical High School cafeteria cleanup a success.*

## NCPC Joins Oakland Tech PTSA in Cafeteria Clean-up Effort

"[S]chools are in the best position to impact youth violence," wrote Oakland Police Department Lt. Lawrence Green in a recent online community policing discussion. Considering the fiscal problems facing Oakland's public schools these days, many find it difficult to meet that challenge. Oakland Technical High School's Parent Teacher Student Association (PTSA) is certainly trying its best, and is now getting some help from the Neighborhood Crime Prevention Council (NCPC).

According to PTSA President Sue Piper, the school's recently approved capital improvement project's \$18 to \$20 million in funds are not enough to cover all of the school's sorely needed updates and renovations. An additional burden placed on Oakland high schools is the decision for a district-wide closed-campus policy to take effect with the start of the 2004 school year. In other words, students will not be permitted to go off the campus for lunch, and Oakland Tech will have to provide the meal to its population of 1700 students on a daily basis beginning in the fall of 2004. The school district has designed an impressive and healthy selection of freshly prepared food, but this change also requires other necessary improvements to the campus. The PTSA has stepped in to help bridge the gap on a number of fronts, including organizing projects like painting the high school's cafeteria for the transition to a closed campus.

Thankfully, school and community safety has long been a pet project of Temescal's NCPC. Past efforts to participate in the Oakland Tech community through rallies and articles in the

school newspaper had not been successful, however. An ongoing partnership between the community and the school was a bleak prospect until a group of concerned neighbors and NCPC members got together with Oakland Tech's PTSA volunteers on the cafeteria cleanup project.

Tech's December-January winter break was a busy time for those involved in readying the cafeteria, whether it was the cleaning and preparation or the painting itself. Fortunately, the work was organized into phases and the painting was a joint effort between volunteers and the school district painting crew. Nevertheless, the task was formidable, especially due to the deadline the school district placed on Oakland Tech to implement the new food service format for the spring 2003 semester as a pilot program.

Had no one from the community participated, the group of volunteers would have amounted to four PTSA members and one student working at any given time—a cruel and unusual punishment to say the least. And although few students actually participated in the cleanup, a student-led mural project for the cafeteria is under consideration. Difficult times often call for creative solutions. This cleanup project easily fits into that scenario.

Partnerships like the Tech cafeteria cleanup project can be highly successful. Yet, they don't happen often enough. Closed-campuses, school consolidations, state-level budget cuts, rampant security and surveillance costs, as well as severe cuts to the Oakland



*NCPC Beautification Chair Buck King does his part to spiff up Oakland Tech's cafeteria.*

Police Department's truancy programs are challenging schools and their surrounding communities in a variety of ways. But the need for proactive involvement from community groups and civic-minded individuals may have to step up to meet Oakland schools' needs sooner than later.

—Susan Marquez

### Spring Into an Art Class at Studio One

The buzz of what may ultimately happen with the building which houses Studio One's art program is background noise to the passionate artists returning after a brief break, ready to teach. An art fair on Saturday, March 27 from 10 AM - 2 PM will be a wonderful prelude to our spring classes, which begin Monday, March 29 and continue for eight weeks. Classes for adults include digital photography, kinetic sculpture, landscape in watercolor, recycled glass fusing, woodblock printing, unique photo books and Tai Chi. Children ages six to twelve can enjoy seven weeks of classes, with a special one week Spring Arts Camp Monday April 12 through Friday April 16. Expect your children to be delighted with painting, wheelworks, clay, "Paper, Fabric & Foil Oh My!", and drama classes, among others. Call 597-5027 for more details.

—Tomye Gouache

### TNV Now Available Online at [www.weloveoakland.com](http://www.weloveoakland.com)

You know there's a community meeting on Saturday, but can not remember the exact time, and your paper copy of the Temescal News and Views is nowhere to be found. Never fear—the newsletter is available 24 hours a day at [www.weloveoakland.com](http://www.weloveoakland.com) (click on the "Temescal" link in the "Local News" box on the left side of the page). You will need a copy of Adobe Acrobat Reader to view the newsletter.

While you are there, take a minute to look around the We Love Oakland website. Webmaster Troy Christmas has put together a wonderful compendium of Oakland resources, information, and services. He was inspired to create the site to showcase the good side of Oakland after years of being "fed up with Oakland's bad reputation". The site's mission is "to inform, connect and empower

Oaklanders while celebrating our beautiful city", and offers local news, a community calendar, discussion boards, classified advertisements, chat, and Oakland-specific Yellow Pages. Users can add local events in the calendar section, post advertisements in the classifieds, buy We Love Oakland merchandise, and post pictures to the online Oakland Photo album (which has some of the most stunning pictures of Oakland sunsets I have ever seen). The Web Directory contains a comprehensive list of entertainment opportunities, community organizations, and city resources. If you have a question about Oakland, there is sure to be an answer on this site.

Troy is also starting an "Oakland e-card" feature, a free electronic greeting card service with all artwork provided by Oakland artists. He is looking for artists to participate - for more information visit the site and click on the "Promote your art!" link.

—Viki Maxwell

### Did you graduate from Oakland Tech?

Oakland Technical High School will celebrate its 100<sup>th</sup> birthday in 2006, and we are on the hunt for alumni to add to our growing list. If you or a friend or relative graduated from Oakland Tech, please send along the name, address, phone number and e-mail address to Sue Piper, Oakland Tech PTSA President, at 33 Hiller Drive, Oakland, CA 94618 or e-mail [sgpiper@sbcglobal.net](mailto:sgpiper@sbcglobal.net).

Famous Tech alums include Clint Eastwood; Congressman Ron Dellums; former 49er John Brodie; baseball's Ricky Henderson and Kurt Flood; 1960 Olympian Ray Norton; 2003 graduate Leon Po, the 1<sup>st</sup> MacDonald's High School All Star Football player (now at Cal); and 2001 graduate Gabe Carroll, a certified Math genius who won 3 international and 3 national math competitions (currently a junior at Harvard).

—Sue Piper, President, Oakland Tech PTSA

### NCPC Invites Neighbors to the Spring Town Hall Meeting

Come join the Temescal Neighborhood Crime Prevention Council for our Spring Town Hall Meeting on Saturday, March 27 from 9:30 to noon at Faith Presbyterian

Church (49th & Webster). The schedule of activities includes:

- The election of NCPC Officers for the Steering Committee: Chairman, Vice Chairman, Treasurer and Secretary. All elected officials will serve for a term of one year.
- Small group discussions from each of the six sectors in our NCPC Beat 12X.
- A question and answer session with Councilmember Jane Brunner, Oakland Police Lt. Lawrence Green (the Area Commander for North Oakland) and Yeda Altes, the Neighborhood Services Coordinator for the Oakland Police Department.

We will serve pastries, bagels and beverages from 9:30 to 10, a good time to meet neighbors and make some new acquaintances. We will start the formal part of the meeting promptly at 10 AM.

Temescal Beat 12X has the respect of city and police officials for the effective way its residents advocate for their interests. The NCPC Steering Committee offers a useful way to improve the quality of life in Temescal and all of North Oakland. Our Steering Committee wishes to thank all those talented residents who have worked with us this year. We encourage any interested neighbor to stand for election, or just come to the meeting and vote!

—Donald Lowrey, NCPC Chairman

### Healing Alternatives May Be the Cure

The Temescal Acupuncture Center, nestled between Temescal residents and the Broadway business district at 330 - 41st Street, gives the ailing a new way of dealing with pain, discomfort, and old injuries like my own. I visited Brian Barlay, licensed acupuncturist and herbalist, a number of times now for an ankle injury sustained almost two years ago that had not quite healed correctly. I tried acupuncture elsewhere in the past for this injury with minimal success, but there is something different in the way that Brian treats his patients.

First, when you enter, there is a sense of calming in the colors, fixtures and furniture chosen for the foyer of a transformed house. The quiet environment is facilitated by the fact that there are only four treatment rooms

*continued on next page*

# Temescal Calendar

**Tuesday, March 2, 6:30 PM.** NCPC Crime Abatement Committee meeting. Everyone welcome. Faith Presbyterian Church, 49th and Webster. 652-4507.

**Saturday, March 6, 9 AM.** Green Panthers planning meeting. Meet at Temescal Cafe. 658-2488.

**Monday, March 8, 6 PM.** *Earthquake Tips and Tools*, American Red Cross Bay Area Chapter earthquake preparedness course. Temescal Library, 5205 Telegraph. 597-5049.

**Wednesday, March 10, 6-7:30 PM.** Temescal Merchants Association monthly meeting. All are welcome. Temescal Library, 5205 Telegraph. 653-7196.

**Friday, March 12, 7:30 PM.** Poetry Saloon. Bring a poem that you have written and one by someone else to share, or just come to enjoy. 472 44th Street (between Telegraph and Webster). 594-2200.

**Wednesday, March 17, 7 PM.** Temescal Neighborhood Crime Prevention Council (NCPC) Steering Committee meeting. Everyone welcome. Faith Presbyterian Church, 49th and Webster. 420-6974.

**Saturday, March 27, 9 AM.** Green Panthers beautification activity. All gardeners welcome! Meet at Temescal Cafe. 658-2488.

**Saturday, March 27, 9 AM.** Studio One Art Fair. 365 45th Street. 597-5027.

**Saturday, March 27, 9:30 AM.** Temescal Neighborhood Crime Prevention Council (NCPC) Spring Town Hall Meeting. Faith Presbyterian Church, 49th and Webster. 420-6974.

**Monday, March 29.** Studio One adult and children's spring classes begin. 365 45th Street. 597-5027.

**Saturday, April 3, 9 AM.** Green Panthers planning meeting. Meet at Temescal Cafe. 658-2488.

**Tuesday, April 6, 6:30 PM.** NCPC Crime Abatement Committee meeting. Everyone welcome. Faith Presbyterian Church, 49th and Webster. 652-4507.

**Friday, April 9, 7:30 PM.** Poetry Saloon. Bring a poem that you have written and one by someone else to share, or just come to enjoy. 472 44th Street (between Telegraph and Webster). 594-2200.

**Monday, April 12, 6 PM.** *Earthquake Tips and Tools*, American Red Cross Bay Area Chapter earthquake preparedness course. Temescal Library, 5205 Telegraph. 597-5049.

**Wednesday, April 14, 6 - 7:30 PM.** Temescal Merchants Association monthly meeting. All are welcome. Temescal Library, 5205 Telegraph. 653-7196.

**Saturday, April 17, 10 AM.** Basic plumbing workshop covers common plumbing problems and use of a variety of plumbing tools. Temescal Branch Library, 5205 Telegraph. 597-5049.

**Tuesday, April 20, 1 PM.** Children's storytelling by Jenny Makofsky in celebration of National Library Week. Temescal Library, 5205 Telegraph. 597-5049.

**Wednesday, April 21, 7 PM.** Temescal Neighborhood Crime Prevention Council (NCPC) Steering Committee meeting. Everyone welcome. Faith Presbyterian Church, 49th St. and Webster. 420-6974.

**Saturday, April 24, 9 AM.** Green Panthers beautification activity. All gardeners welcome! Meet at Temescal Cafe. 655-8855.

**Saturday, April 24, 9 AM.** Earth Day Cleanup at Temescal Creek, with a potluck lunch to follow. Meet creekside at the DMV parking lot on Cavour. 655-1767.

**Saturday, April 24, 10 AM.** Basic electricity workshop covers the electrical circuit, appliance and lamp repairs and simple low-cost tools for testing. Temescal Branch Library, 5202 Telegraph. 579-5049.

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thoughtfully spaced from each other, which confirms that this is a more personalized form of healing rather than what might be given at a hospital or clinic. He specialized my treatment by listening to me tell him the story of what had happened to my ankle and by honing treatment to the specific areas where I was feeling pain and discomfort. Brian administered the acupuncture needles in such a way that was non-shocking but yet effective relative to my level of comfort. In addition, utilizing a cigar-like tool, he used concentrated heat to "awaken" the nerves in my ligaments to help my ankle move more freely. And happily, as I continue my treatment with Brian, it all seems to be working!

The ailments Brian has treated include pediatric illnesses, women with reproductive and menstrual issues and editors with old injuries. Also available is Brian's accredited knowledge of herbal medicinal remedies, a more natural alternative to pharmaceuticals. In this day and age of educated choices, acupuncture and alternative methods of healing may shed light on new possible cures, and from personal experience with the Temescal Acupuncture Center, I encourage you to give it a try. Contact Brian Barlay at 654-7040 for an appointment.

— Maile Nakamura

## Temescal Spotlight

to be  
 waiting in the dark  
 waiting in the dark  
 who will "I" be with "you"  
 who will "you" let "me" be...  
 or pace, or make, or waltz  
 as well "I" "you"  
 and there will be more dark  
 and more waiting  
 with particular you(s) and we(s)  
 or not  
 even as the theatre fills up  
 with enn-trance-ors and enn-tranced  
 waiting in the dark  
 waiting in the dark  
 to be  
 some one or - an "other"

*Tom Odegard, a pre-atomic, teenager, has read widely in the Bay Area, during February and March every year since about '92. His poetry ranges from erotic to polemic to philosophic, and structured to totally flawed often "saved" with oral passion. His poems have appeared in Bay Area anthologies, several defunct net-zines, www.lightwatcher.com, five self-published chapbooks, and two tapes.*

*He resides for two months in Temescal and 10 months a year on San Juan Island in Puget Sound where he takes care of 15 acres of swamp, and is finishing out a fourth career as a Lieutenant for the County Volunteer Fire Department.*

*Currently, he is attempting to whip into shape a long autobiographical poem, and a poem novel or a novel poem called, "CO NUN DRUM" or "Stories on the Road with Aln". He may be reached at tso@rockisland.com.*

**Help Support This Newsletter and TNT.** *Volunteers are doing the work of getting out this newsletter (and occasional fliers)—but we still need to pay the printer! If you value our community efforts, please consider making a donation. Any amount will help. Make your check payable to TNT, and send it with this form to: TNT, c/o 519 43rd St., Oakland, CA 94609. — Thank You!*

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**Yes, I want to help.**

Enclosed is my contribution in the amount of:

\$10  \$25  \$50  Other \$ \_\_\_\_\_

**I'd like to volunteer. Please call me.**